## 1934-35...83... 2017-18 83 YEARS OF

### VIGILANCE AND SERVICE

2017-2018...Without your dedication & commitment the beach-going public would not enjoy the safety and care that the red & yellow has come to symbolize..(D of L South Coast Branch).





MOLLYMOOK AGAIN SOUTH COAST BRANCH 'CLUB OF THE YEAR'.

THE NEW SEASON
AHEAD..ARE THERE
PROBLEMS FOR OUR CLUB ???

# Mollymook Mag

Published by the: MOLLYMOOK SURF LIFESAVING CLUB (Incorporated 1989)

Volume 34....Issue Number 5...June – July 2018











Brock Scrivener U19 Male Competitor of the Year; and Australian Champion..

<u>Sam Zustovich</u> Cadet Male Competitor of the Year; and Australian Champion. <u>Kate Lewis</u> U19 Female Competitor of the Year; and Australian Champion.

#### OUR PRESIDENT'S MESSAGE...

With around two (2) weeks our 2018-19 Surfing Season begins with our Annual General Meeting to be held on <u>Saturday 4t of August, commencing at 1.30pm.</u> Our Annual Report and Financial Statement will be presented and hopefully a new constitution to align with the NSW State Constitution will be put to the meeting for adoption.

Looking back on the past 2017-18 season, it gives me the opportunity to sincerely thank all members for the great patience shown in the renovations of our shower and toilet facilities. I'm sure the end result, with only a couple of minor additions to be completed, will have been well worth the wait. Thanks once again to all concerned. In saying that, please don't hesitate to pick up the hose and give them a quick hose out to ensure they remain clean and tidy.

Next job is to refurbish our entrance foyer. It is to be repaired, painted and new display cabinets installed. Along with this are the re-installation of Club Honour Boards and photos, to ensure our club history is maintained.

The new Gear Storage shed at the rear of the clubhouse has been completed and once final certification is carried out it will then be used for the rescue vehicle and jet ski and will allow immediate response for our call-out teams. It will also give more room and safer storage in our main gear and storage in the front of the club building.

We are also installing a new entry system to the bottom half of the clubhouse being the front door and gymnasium door to allow better access for members. This will be in the form of a "Card or FOB" swipe system. This has come about as the present keying system is unsustainable owing to past members not returning keys when not renewing their membership. Please remember that there are entry times to the Clubhouse and these are between 6.00am and 8.00 pm, the security alarm system operating after these hours.

Our Club and members have been invited to participate in a proposed "000 Emergency Personnel" Black Tie Ball on the 11<sup>th</sup> August to be held at the Ex-Servo's Club. Staff from the Milton-Ulladulla Hospital are organizing this event and hope to make it into an annual event. I would appreciate any member to take charge and organize a team to be part of this evening. Please contact me for further information.

It is very important to be part of this event with the huge community support we enjoy.

Please don't forget the CLUB AGM on Saturday afternoon 4th August, commencing at 1.30pm.

Rod Hustin.. OAM.

<u>CONGRATULATIONS.... To:</u> Our President Rodney Austin OAM who was elected as a <u>LIFE MEMBER</u> of the South Coast Branch of SLSA; a worthy recipient for nearly two decades as our club delegate.

Also CONGRATULATIONS... To:- The long-serving President of the South Coast Branch Stephen Jones, for his leadership of the Branch, under whose hand the Branch has developed into one of the leading Branches in the state. Who was also elected as a <u>LIFE MEMBER</u> of South Coast Branch.

#### <u>NEWS FROM AROUND 'N ABOUT...</u>

Early this year the Commonwealth Games were held on the Gold Coast in Queensland. As always the Opening Ceremony was a feature of the start of the games which had many very fine performances. Paramount in the ceremony was many young people dressed in surf lifesaving patrol uniforms and playing an integral part. It was wonderful recognition of the part that our movement plays in Australian society and was exceptional publicity.

A couple of nights later on the ABC TV News there was a filmed report from the Highlands of New Guinea. Two opposing factions were fighting over territory and would you believe it, the leader of one of the factions was resplendent in one of our patrol uniforms. It was a bit incongruous as he also held a long, fearsome jungle knife with which he was threatening the other group. To say the least our patrol uniform certainly looked 'out-of-place'.

Better late-than never and we are referring here to the toilet/shower renovations which have now been completed. The modern, clean design and the workmanship are a credit to all who helped out, but especially Les O'Sullivan who managed it all. He is now a more relaxed man and his blood pressure coming back down to near normal. The facilities are in operation, but a plea from Les is for all who use them please wash the sand off your body outside so the drains will not block up.

<u>"SHARKS BUG OFF NASTIES"...</u> SO it is not all bad news about sharks with the news that shark skin-style coating applied to hospital bed rails and door handles could destroy superbugs. The creature's (sharks) rippled skin stops bacteria sticking to them, thus preventing infection.

It appears that scientists at the University of Massachusetts in the USA have designed a polymer and ceramics coating infused with antimicrobials, based on the texture of shark skin, which they hope will combat growing resistance to antibiotics.

The special film killed off 95 per cent of E.coli and 80 percent of MRSA bacteria. So some good sharky news.

<u>"SOME NOT-SO-GOOD NEWS"...</u> with scientific studies of late showing that the ANTARCTIC ice sheets are melting at treble the rate seen just five years ago. A Professor, Andrew Shepherd from Leeds University has said..."There has been a steep increase in ice losses from Antarctica during the last decade, and the continent is causing sea levels to rise faster today than at any time in the past 25 years."

"This has to be a concern for the governments we trust to protect our coastal cities and communities."

\*\*\* Researchers used measurements made by satellites to discover that **three trillion** tons of ice have melted from Antarctica in the past 25 years. OMG!!!!! \*\*\* This latest research appears in the Journal Nature.

In West Antarctica the amount lost has risen from 53 billion tonnes a year pre-2012 to 159 billion tonnes a year now.

Should we be concerned ??.....YOU BETCHA!!!

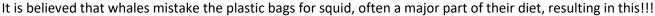
AND A GENTLE REMINDER FROM A PREVIOUS ISSUE OF OUR 'MAG'.....

"Tíakí maí I ahue, maku ano koe e tíakí"......

"If you look after me, then I will look after you".. Tangaroa, GOD of the OCEAN.

<u>"SOME MORE NOT-SO-GOOD NEWS"...</u> A pilot whale was washed onto a Thailand beach recently and vomited up five plastic garbage bags during a futile attempt to save its life. A subsequent autopsy on the dead whale revealed that it had ingested a total of 80 plastic bags as well as the other five.







On the 8<sup>th</sup> April 2018 this beached juvenile sperm whale above was found off the coast of Spain. If it looks emaciated it is, because it starved to death.



In its stomach was 64 pounds of plastic causing an infection. This rubbish included plastic bags, sacks of raffia straw, ropes, fishing nets and drums which were uncovered in the whale's digestive tract. The whale would not have been able to digest or excrete the rubbish resulting in its death most likely from peritonitis and starvation.

JULY 2018 IS A PLASTIC-FREE MONTH..SUPPORT IT!!!

<u>'A BLAST FROM THE PAST'...</u> Older members will fondly remember the introduction of new technology in the late 1970's one item of which was the Oxy-Viva resuscitator. This machine was the fore-runner to the present-day Air Bag Resuscitator. The Oxy-Viva was an efficient item except that before using it on a patient, especially in an emergency people forgot to check the settings. This could create severe problems if it was used on a child and the setting was switched on to the adult setting which had a much higher pressure.

The first time it was used on our beach was when a 73 years old Ulladulla man collapsed and died at Mollymook. Surf lifesavers at the beach gave the man, emergency mouth to mouth resuscitation treatment, but he failed to respond.

Darren Jones and Al Hoskins were the surf lifesavers who attended the man who had collapsed in the surf after suffering a heart attack. He was rushed from the water and treated. When resuscitation failed to revive the patient, he was given oxygen from the Surf Club's Oxy-Viva machine, but he failed to respond. When the ambulance arrived he was pronounced dead.

The surf lifesavers have earned high praise for their efforts in trying to revive the man who was swimming at Mollymook Beach with his wife at the time.

PLASTIC BOTTLES

AND ALUMINIUM

CANS = EQUALS

Did you know that already our club has now raised over \$1200 from this scheme; thanks to Garth and Lyn Brook, Jim Bryant, Phil & Denise, Kevin Pollock and others.

Thanks!

Our club & our environment both benefit!

<u>"ON THE SPOT"...</u> Fortunately for most of us we may only ever be placed 'on the spot' once in our lifetime, but what are the chances on someone being called on to give lifesaving CPR, not once, but twice in three weeks. John Galicek, a GP, is a member of the St.Michael's over 45's team in the Northern Suburbs Football Association, on two occasions gave vital heart massage until defibrillators could be found.

The first incident was a West Pymble versus St.Michaels clash. "We were half an hour into the game when there was a break in play. I am a defender, this other fellow was a defender and players were saying 'emergency'," Dr.Galicek said. "I ran to the other goal post and saw this guy on the ground. He just didn't look quite right. He didn't have a pulse. "We got him on his back. I started CPR and did it for quite a while. I think it was 10 minutes-it may have been five; you just do what you have to do."

Someone came up with a defibrillator that was on the field. It was activated and the pulse came back.

The second incident was a game between Prouille and St.Michaels at Kingsford Smith oval. The incident was just after full-time. Someone started shouting "John, John, emergency". "I saw this guy on the ground having a fit. I thought: 'I have seen this before'. I really thought they were 'having me on'. But the guy was having a seizure, he was going blue in the face. I did exactly what I did before. I looked for a pulse and didn't see one. I thought: 'Oh s\*\*t, this is exactly the same'. I started the CPR. This time there was a defibrillator as well, so we defibrillated him. It didn't work the first time but when we did it again it worked. He started waking up a bit and then the ambos arrived."

The first patient had no previous symptoms of heart trouble and had a quadruple bypass the next day. Due to the Dr's quick CPR and the arrival of the defib, he suffered no problems to his heart or his brain through lack of oxygen.

The second patient regularly checked his blood pressure and says that there were never any signs of any (heart) issues. He was taken to North Shore hospital where they put a stent in his left main coronary artery known as the widow maker.

Both patients say it was a miracle, the fact that a doctor was there ('on the spot'), and in both cases a defibrillator was available.

The Dr. is now asking the State Government to oversee the provision and maintenance of the equipment to be used in the event of a cardiac arrest.

(This story was condensed from a full article in the June 10th Sun-Herald and which was written by Tim Barlass..)

\*\*\* Of course another 'on the spotter ' who has notched up a double is club member Keith Claxton who we featured in the last issue of our 'mag', for leading a successful resuscitation of a male heart attack victim, recently. Keith some members might recall, was placed 'on the spot' when he was on a motor bike ride and a male driver getting into his car collapsed in front of him in the main street of Batemans Bay. Keith started CPR, but no defib' was available and the victim could not be resuscitated.

\*\*\*\*\*\* <u>SEA LION ATTACKS CLOSE BAY...</u> Another story, to add to the list, about animals that sometimes make our presence in their habitat, a painful (and sometimes fatal) pastime. In this case two unusual sea lion attacks in San Francisco have lead authorities to close a popular area for swimmers, as they try to determine the reasons for the aggressive behavior.

A man was taken to hospital on Friday after being bitten on the groin area as he swam in the waters off San Francisco Maritime National Park. It was "a very serious bite," an official said.

Another swimmer was seriously injured on Thursday when a sea lion bit him on the arm. The bay area is a favourite spot for swimmers.

(Reported in Daily Telegraph 20th May'18.)

RESCUE..... RESCUE..... RESCUE!!!!! In this issue the 'mag' features a great rescue followed by what was the first surf life saving resuscitation. This is recalled by Arthur Lowe as he describes his rescue of a fortunate body surfer at Freshwater beach in the early years of body surfing.

"Up until the time I had turned 18 years of age we were not troubled very much by the other surfers at Freshwater, which was our main Sunday bathing beach. But the day came along during the Xmas period when, having 'shot' a big wave which the others missed, and travelled a long way to finish up in a big hole between the sandbank and the beach, I had started to swim out again when I heard a voice calling 'Help! Help!' I stopped swimming to try and find out where it came from. Yes, there it was again. A big man's voice, calling 'Help!' I could not see him, but from the point it seemed to come from he was evidently in the current or channel, as we termed the rip in those days; and fast going out as the cry got fainter and fainter. I was hoping that some of my mates would turn up, and was beginning to feel a bit dubious about tackling a big surf life saving job alone. And while my bad self was trying to make excuses, my other kept nagging, "Coward, coward, go and get him,' and I soon found myself in the channel and travelling at my top, after him. He was water-logged and apparently drowned, when I dragged him to the surface, and of that blueish appearance the really drowned have. I must get him to shore, though, I vowed to myself. I trod water for an instant while I held him to think how. And the answer came in an instant. Cross the channel with him as you would a river. For it is a sea river itself, and you will get assistance from the waves, to get him to shore. I seized him under the armpits, and with both of us on our backs I kicked as both across the channel. Once in the path of the waves, however, I found that to stay in that position all the time was too slow, as the big rushing waves passed over us without taking us any appreciable distance. So I turned us both, before each wave reached us, and reached across his back and seized him under the armpit with my right hand, and jammed his left side against my right, as much as possible, and kicked and stroked with my left arm, so as to get some way on before the wave reached us. I was very exhausted as, simultaneously with reaching the shallows, my mates arrived and took him from me. I said to them, 'I think he's gone fellows; he was under a lot before I got to him!' They carried him up the beach to where the sand was dry and warm. Then commenced, the oddest, and probably the longest, and most successful carrying out, of (the) most difficult resuscitation that I have ever witnessed throughout my long association with the Surf Life Saving Movement. It will always rank in my mind as the greatest, also. And we all believed it was the first, as no record is known of any surf life saving resuscitation before then."

(Lowe, Surfing, Surf-shooting, and Surf Life Saving Pioneering(1958) p.36).

<u>A CRUCIAL AND VITAL FACT...</u> The main determinate of survival for a cardiac arrest is the <u>'time till shock'.</u> Within 1 min = 90% survival.. Within 3 mins = 70% survival.. Within 5mins = 50%.. At 10 minutes = 2% survival. After this keep trying until ambulance/paramedics/medical help arrives. Familiarise yourself with where the defibrillators are while on patrol and how to use them.



'If our bronze medallion could talk it would tell of the great rivalries in surf life saving carnival events. In the late fifties/ early sixties two of the greats in surf swimming were one of our patrons, Jon Donohoe and his mate, but fierce rival Brian Hutchings. At all levels of competition in surf swimming these two dominated and their 'clashes' became legend during their era.

Both men have been rated by keen judges as among the greatest of a list of amazing surf swimmers over the century of surf carnivals. Both men also amassed a string of Club, Branch and NSW State titles.

BRIAN HUTCHINGS.. They called him the man with the 'big chest' (109.2 cms.) And competitors soon found out there was a big heart inside it when they came up against 'Hutcho'. When he won the Senior Surf at Southport, he began a long reign as a top Australian competitor. He had no fear of big seas and his record at the Aussie titles shows his capabilities as a surfer.

1954... Senior Surf, first.

1956... Senior Surf, first.

1957... Open (non-championship) Surf.. second.

1958... Senior Surf, third.

1959... Senior Surf, first.

1960... Senior Surf, second.

1961... Senior Belt, first.

1963... Senior Belt, first.

1975... Veterans Surf, second.

He won one of his titles after he was almost crippled by a serious knee injury. He was also a regular competitor in R&R and represented both NSW and Australia.

'Hutcho' passed away in Byron Bay after a morning surf some years ago. 'One of the best'. **ION DONOHOE AM...** A great champion who must rate among the best, his record at the Aussie titles supports this.

1955... Junior(non-Championship)Surf, second. Senior Teams, second

1956... Junior Surf, first.

1957... Junior Surf, second. Junior Surf (non-Championship) first.

1958... Senior Teams, first. Senior Surf, first, March Past, first. (probably only man to win three golds in such a variety of events at Aussies.

1960... Senior Surf, first.

1961... Senior Surf, first.

1962... Senior Surf, second.

In 1954, he became the youngest ever to win the Australian 1650 yds freestyle at 14 years of age (cutting 30.3 seconds off the Victorian record held by Olympian John Marshall. In 1955 he swam in the Bronte Surf team in the Senior teams which came second, in a raging surf Jon finished in fourth spot. In 1956 he won the Aust.Junior Surf. He had earlier competed at the Olympic Games in the heats of the 4 X 200 metres relay but did not get a start in the final.

Jon Donohoe has many great memories of his tussles with 'Hutcho'. One he treasures most was at the Merewether Aussies in 1960 when he had a great battle with him in the Senior Surf. Hutchings was ahead early but they both cracked the same wave. JD managed to forge slightly ahead to win. Jon also remembers being part of the NSW State team at Mooloolaba in 1959 when a 'crippled' Donohoe helped Brian Rodgers and Brian Hutchings win the surf teams event. He swam with a broken bone in his shoulder. They were the days!

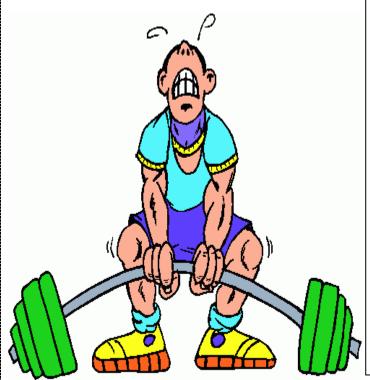
Jon also has treasured memories of being appointed youngest captain ever of the Aust.team to New Zealand.

\*\*\*\*\*\* AND another carnival, 'Blasts from the Past'... At the Greenmount 1950 Australian titles history was made. This was the year of a radical redesign of surfboats, and the now-familiar 'tuck stern boats came into being. Swansea-Belmont club were the first to use this design and they stole the show at the Aussies when both Senior and Junior crews won the 'double'.

After this 'double' the tuck stern boats of boat builder Tom Humphries were sought after by many clubs, whilst many officials and some clubs were forced to 'bite their tongues' after ridiculing this design. It also meant the end for the old, heavy double-enders.

The Senior Swansea-Belmont crew consisted of Gordon McMillan(sweep), the Behrend twins, Bill and Ben, Col McMillan, and Eddie Charlton. For trivia fans; YES the same Eddie Charlton who would go on and become the wizard of the World snooker tables and also a legend in Australian sport history.

\*



\*\*\*\*\*\*\*<u>FITNESS...</u> Oh no, but patrols only finished a short while ago! Our 'off-season is only halfway through. Can't I leave it for a while longer? Well, why not try the Tabata Equation to get you started.... It is based on the following:
20/10 X 8 = 4. That is 20 seconds of intense exercise, 10 seconds of rest, multiplied by 8 rounds, which equals four minutes of intense exercise.

Tabata was one of the first styles of high-intensity interval training to gain prominence. It is still a great way to boost fitness for the season ahead. You can spend a four minute session on just one type of exercise such a sprinting or rowing or use a variety of moves. Start with one session and slowly add more. OK so get movin'!

HOW Can I pass a 10 minute FITNESS TEST...

- 1. Check your resting heart rate. Your goal to be in the range of 60-100 BPM ( 40-60BPM a committed athlete.) If you are outside this resting range a visit to your GP might be in order.
- 2. Blow out a lighted match, held 15cms from your mouth. If you can't satisfy this goal, tell your GP.
- 3. Do 1 minute of push-ups. Men: average = 10; good = 13; excellent = more then 21. Women: average = 7; good = 11; excellent = 21.
- 4. Hold the Plank. These apply for both men and women: average = 45 75 seconds; good = 75 120 seconds; excellent = more than 120 seconds.
- 5. Stand on one leg with your eyes closed. You should be able to do five seconds without opening your eyes or putting your leg down. Above 20 and you're doing really well.(Body & Soul June 2018.)

#### EDITORIAL.... The future ahead for our surf lifesaving club..

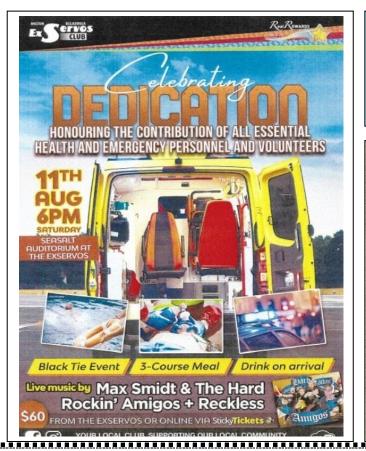
In our last issue of the 'mag' we had a look at what the future holds as our area goes ahead. We mentioned in particular the developments at Dolphin Point, one of the district's 'black spots' regarding rescues. Since then a visit to the new sub-division west of Leo Drive at Narrawallee must also be of concern. Our club is often asked to consider extending the South Narrawallee patrols from a peak season full patrol to an extended full season, with an outpost patrol at North Narrawallee. When this new sub-division is complete and built upon, this pressure will certainly increase.

Also of concern are the figures that in 2012 there were a million people coming here as tourists to the Shoalhaven. Now six years later, those numbers have risen to three and a half million! (Cr.White; Times 4/7/18). Further to this is the view that 'we now have the opportunity to **turn our South Coast area into the ecotourism hub of NSW, and in terms of its coastal attractions, the ecotourism hub of Australia.'** (NPA convener Barry Tomkinson; Times 4/7/18).

This was in relation to the news that the NSW Government has released \$3 million dollars to complete a coastal walking track from Batemans Bay to Bawley Point and with a future extension north to Narrawallee. This will be sure to increase the numbers of tourists in close proximity to many more of our beaches. The NPA Convenor also mentions that 'people from Sydney and overseas can come here in groups and do the walk safely.' Of course safety is paramount, but what precautions will be taken to ensure that visitors can cool off and swim at any of these beaches safely.

Surveys of tourists show that probably the major influence on them in choosing our area for holidays is the fact that Mollymook and South Narrawallee are patrolled. As well the 24 hour response group are there to spread our 'Umbrella of Safety' further. But will this be enough to offer protection in the future if tourist and population numbers continue to increase? Will there be an expectation that Mollymook SLSC would be able to cope with this and how? This was the question we asked in the last issue of our 'mag' and we ask it again.

What do you think ??? Your comments to The Edito r.



If you would like to attend this night, please contact our President ASAP. It is a good opportunity to meet many of the other district volunteers like ourselves who likewise give of their own free time to help others.

At present work is being done to adopt a new Club Constitution. This is based on a model put forward by SLS NSW to be adopted by all clubs. Some minor changes will be likely. It is hoped that voting to accept this constitution will take place at the upcoming AGM.

There will also some changes made to our By-Laws involving Judicial and Grievance policies. Clubs now have to follow the policy as outlined in the Regulations issued by SLS Australia. These will be re-written into our By-Laws.

At our AGM it would be great to see more people putting up their hands to nominate for Board of Management positions.

TWENTY YEARS ON....1988-2018..'A GREAT RESULT FOR MOLLYMOOK SLSC.' To celebrate we print for your edification "The ODE TO BIG JIM" by Graeme Steel of "Mollymook Cellars". May 1998.

Four boats faced the starter's call The finest in the land Three boats they took off as one With Big Jim stuck in the sand.

Try as they might the 220 crew remained firm on the beach As the other crews powered on Seemingly out of reach.

Big Jim looked to the heavens and prayed for a wave to come. The heavens seemed to answer him and knocked him on his bum.

Again he entered the fray As a hush came over the crowd; A big wave came and floated them All Mollymook was proud.

But wait, the others headed east to go around the buoys And Big Jim's crew were heading north amidst the breaker's noise.

They turned around to give the chase to the teams so far ahead The thought of giving up didn't enter the fossils heads. To celebrate this wonderful day which ended with an Aussie Bronze medal for the 'Fossils', a Mollymook surf boat will be on display in the Golf Club foyer from Friday 3<sup>rd</sup> August until 12<sup>th</sup> August. (no only kidding), but the surf boat will be on display as part of a 'Membership Drive', and for publicity for our surf club.

It is also part of our campaign to make people, especially visitors, aware of the role we play in our community.

Help will be needed to get the boat inside as space is tight and if you can help please contact Russell Bartlett or David Johnson.

They pulled and pulled and pulled some more 'Til their bodies screamed with pain, and someone said collectively, "We haven't got a brain!"

They reached the far off markers A smile on Big Jim's mouth Until the rowers yelled at him "Hey Jet, we're heading South"!!

They turned again and rowed for home Without a medal chance; They rowed with might, They rowed with pride Then Big Jim took a glance.

Two boats were home, Another upside down; The boys no longer bored If they could make the treacherous seas A bronze was their reward.

By this stage Jim was hungry They'd been out there for ages; His thoughts turned to hamburgers On which he'd spent his wages.

But the glint of bronze in the rower's eyes Made Jim forget his tummy; With the seas bigger by the minute He wouldn't spit the dummy.

They reached the shore and forged on in and passed the finish line; The look on Big Jim's face sent a tingle down your spine.

Aussie Bronze was theirs, to be worn with pride It was their finest hour; Big Jim's medal could not be prised off, He even wore it in the shower.

The 'Big Jim' Company came to the party And decided to honour him; They made a special bourbon can And they called the can 'Big Jim'.

THE NAMES OF THAT ILLUSTRIOUS CREW....

'Big Jim' the sweep was Jet Jackson. His illustrious crew were-

Mick Wakefield,

Ken Burton,

Ron Farr,

Peter Pontefract,

At the NSW Titles held a few weeks before, the "Old Fossils" gained a Bronze Medal. This crew had Kevin Pollock rowing instead of Mick Wakefield. This third place showed that the "Old Fossils" had the 'runs on the board' to make a good show at the upcoming Australian Masters Titles. \*\* Both Mick W and Ron F RIP.

<u>THE LAST PAGE...</u> A new season 2018-19 is about to dawn with the AGM in a few short week, with a reminder about the time and the date. Because the President will be away early in August it was decided to hold the meeting on the Saturday afternoon before he leaves.

The season we leave behind was a good one in many respects and this was shown by the fact that again our club has taken out the major award of "Club of the Year" at the Branch presentation. However the club will have to work hard in 2018-19 to retain this award. Membership seems to be looming as one problem as many of the youth members have gone, and a number of seniors are indicating their impending retirement from patrols. The club will need to replace these and members are all asked to see if they can introduce one new member into our club.

One extremely pleasing and highly unexpected part of the recent Branch Presentation was the news that a Ms. Beverly Pattison, who passed away recently, had left a legacy in her Will to be divided amongst three South Coast clubs. They were Gerringong, Shoalhaven Heads and Mollymook. Each club received \$18,603 to be spent on gear and equipment. These amounts were received with surprise and gratitude by each of the three clubs and will enable major items to be purchased.

It was a Presentation night when 'Lady Luck' was on our side as well. The club benefited to the tune of two new rescue boards, peaked caps and patrol wear and then, from the final 'draw from the hat' a new nippers board, and then a Little Anne manikin were both won by Mollymook. (\*\* by-the-way our club had by far the highest representation of members with 25 present.) So all in all, a good Presentation. Thanks to Les for driving the club bus.





**Danielle McKenzie..** Receiving her award from Councillor Patricia White & Branch VP Rex Russell. Also acclaimed as 'Mother of the Year' & first Female RWC qualified operator in South Coast Branch.

\*\*\* RIP <u>Kelli Anne O'Brien</u>, who passed away peacefully on 1st June 2018, at home and surrounded by her loving family. Aged 47 years. Kelli gained her bronze in 2007-08 season and was a valued patrol member for the following four seasons until ill-health intervened. A beautiful daughter and mother of Ryan & Meg and beloved by her surf club mates. 'At Peace.'