1934-35..... 2018-19 84 YEARS OF

VIGILANCE AND SERVICE

2018-2019... PROFESSIONALISM.. It's NOT the job you DO; It's HOW you DO the Job. That is to always behave in a manner, to carry yourself in such a PROFESSIONAL way, as if there ever is a reflection, it's a positive one.



Mollymook Mag

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"A great start to the new season to boost support and membership". David Johnson and helpers put together this eye-catching display in the main bar area of the Ex-Servo's club during September. Comments from all who have seen it have been very favourable. Many thanks to the Board of Management of the Ex-Servo's and to Daryl Bosevic for their cooperation and ongoing support.

At the same time another eye-catcher was this display in the foyer of the Mollymook Golf Club. Again it created a lot of favourable comments especially from visitors to our area. David Johnson, Russell Bartlett and their helpers were responsible.

Also many thanks to the Board of Mollymook Golf Club and John Holt for their cooperation and on-going support.

PRESIDENT'S REPORT...

Hullo and welcome back to a new season of Surf Lifesaving at Mollymook. As you are fully aware our patrol duties have commenced with a lot of activity happening already around our surf club.

Firstly, there is a need to ensure that your membership has been renewed on 'Portal sls.com.au and that your fees have been paid. Unless payment is made via the portal, your renewal of membership is not complete, therefore you are not covered. Workcover will not cover you if you are injured whilst on patrol, competing, fund-raising or involved in other club activities.

Some minor adjustments had to be made to our new amenities, mainly in the disabled section, but everything is finally finished. However we are requesting, to assist with MEMBER PROTECTION, that no uncovered showering is to be carried out. Privacy cubicles are supplied if you wish to shower uncovered. Also please remember the external shower, near the gear room door is supplied to allow you to wash off sand and salt after you have been in the surf, beach or after exercising, before using the interior showers.

There is another important change that will be in operation very soon. A new entry system for the bottom half of the clubhouse, through the front door and the gymnasium door, will require an entry card to operate the new 'fob' type electronic door lock. All members who have previously paid a \$20 bond for a key will be issued with a new entry card. As well those with a key must return it when receiving the new card. Any other member wishing to have entrance to the clubhouse will have to pay a \$20 deposit. Finally one last stipulation is that you must also be a financial member to be able to take advantage of the new entry system. A 'change-over day' will be announced for this to happen.

One more reminder is that whilst our club pays for competition entry fees to all events, it is the competitor's or team manager's responsibility to contact our Competition's Secretary, Tessa Lofts to enable entries to be lodged. It is not her job to continually chase these up. At present Sydney Water and South Coast Surfboat series are calling for entries so get your requests in early for Tessa. May I also wish competitors every success for the upcoming competition season, and in particular those going to Adelaide for the World Championships; it will be certainly an experience for you to compete at this level. Give it your best shot!!

Rod Austin OAM...President.

Something to Contemplate...

Members are mostly aware that our Club Constitution is at present being changed to follow the 'model' constitution set out by the SLSA. This also includes changes to the Club Regulations (by-laws) to also bring them into line, especially with regard to grievances and disputes. It is important to understand that when we join surf lifesaving, members are then agreeing to be bound by the Constitution and Regulations of the Mollymook SLSC Inc and SLSNSW and the SLSA. In terms of grievances and disputes there are well-defined steps which have to be followed so that a grievance(s) can be kept within the framework of the club/branch/state/national parameters. It is important to understand that the involvement of organizations outside of these parameters is not to be contemplated.

Members should also be aware that failure to abide by the Constitution and Regulations can lead, if serious enough, to suspension, or even expulsion, from the organization.

In an endeavour to cut the costs of producing and distributing our 'Mollymook Mag' it has been decided that the mail-out will be replaced by 'in-house' distribution. That is copies will still be on our web site/e-mail, but hard copies will be available near the sign-on book, at the local library, the Ulladulla High School library and in our gymnasium. Get yours from these.

PARADE OF THE RAINBOW LORIKEETS.

Sounds of the morning quietly dawning.

A soft song is heard from a far-off bird.

Then sudden intrusion to our deck railings flew—

The swift-swooping pair from a Lorikeet flock.

Having with glee invaded the deck,

Both birds talking with good-natured squawking.

Neither one a dullard, but both brightly-coloured,

Screeching and squabbling, greedily gobbling the apple,

Cavorting and clowning with eyes never frowning

With no sort of dangers from these white-skinned strangers.

Then ... suddenly...quiet... replaces the riot

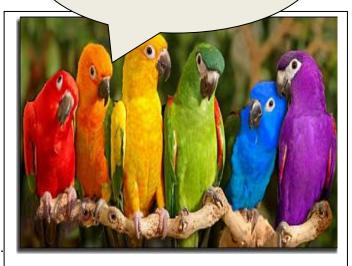
As they head for a spree in some other tree.

And so, rainbow lorikeets, so strident, so sweet,

I salute you, and then, whisper: "Please call again."

Based on an original poem by Jack Egan.

Hey fella's the rainbow lorrie's tell me Bernie always puts on a good breakfast at the club.....



Just a reminder from bar manager Bernie and Social Activities director Stacey, that the upstairs area is for all club members to use. It is not an exclusive area for parrots and others. It is for the use of all. One activity all are invited to is the SUNDAY SIPPERS 5.00 pm till 7.00 in this area. YOU are INVITED to come along and socialize.

NEWS FROM NEAR & FAR, FROM HERE & THERE..

****** Pam Burridge at World Master's Surfing event.... Pam recently joined some of the pioneers of women's professional surfing, most of whom, including Pam, were previously winners of World Titles; in Santa Barbara in Sao Miguel. These pioneers put on their competition jerseys and in a series of events showed what great athletes they were, and still are, in the historic, first-ever World Masters' event. A hard-fought competition as the women fought to once again come out winners.

****** Best of luck to our other World Title contenders.... In just a few short weeks the World SLS Titles will be held in South Australia. Our club will be represented by four boat crews and a beach team of three. All the crews have been putting in the 'hard yards', with two male and two female crews determined to compete at this high level with distinction. Mollymook does have a fine record at this event, winning 10 gold medals in Open competition and 6 gold in Master's competition for 16 World Titles. When silver and bronze medals are added the record is even more imposing with a grand total of 38 World medals. So we wish all our competitors all the very best.

AND if they are not successful they might like to try for some of the weird and wacky records as are held within the pages of the Guinness Book of records......such as:-

- *** The fastest time to crush three watermelons with the thighs.....currently record is 14.65 seconds.
- *** Most (drinking) straws stuffed into the mouth....currently the record is 400 (yes, 400!)

- *** Most clothes pegs clipped to the face in one minute.....current record is 51.
- *** The heaviest weight lifted by pierced ears....ouch! current record is 14.9 kgs
- *** Most socks put on one foot in a minute.....currently the record is 48!
- *** Fastest marathon run dressed as a vegetable.....current record is 2 hours 59 minutes 33 seconds.(There is no truth in the rumour that Rob White is in training for this, although a green cucumber has been seen running down the highway in the early morning light.)

****** Bondi Beach closed.... The iconic Bondi Beach was recently closed after the headless carcass of a whale calf washed ashore overnight. The whale, believed to be a juvenile humpback, had significant injuries and was covered in shark bites. As a result the beach was closed for some time due to the increased risk of shark activity. The removal of the carcass was contracted out to the NSW National Parks and the organization for the Rescue and Research of Cetaceans in Australia. Juvenile whales were the "perfect choice" of a meal for large sharks according to experts.

****** Coogee Beach Lives up to its Name ?? Readers of the 'mag' may remember some time ago that the aboriginal name Coogee may have referred to a 'big stink', as a result of a dead whale being washed onto the beach in past times. Just recently beach stink has returned as Sydney Water investigates how to clean up sewage on the beach. It is believed that the stormwater main that drains at the northern end of the beach has become so polluted at times that a black creek has carried contaminated water into the ocean. Sewage pollution at the beach flared up in 2016, when the government's beach monitoring service, Beachwatch, downgraded Coogee's water quality from "good" to "poor".

It is believed that sewage makes its way into the stormwater system and onto the beach via Coogee's sewerage system, which is almost 100 years old. Leakages, especially after heavy rain, which causes sewers to overflow into the stormwater system, means that sewage is running across the beach.

****** Bendalong Beach also in the news... As reported by Ben Pike in the Daily Telegraph.. "A BABY great white shark recently found dying on a south Coast beach has sparked an investigation by marine authorities. The discovery comes amid several shark sightings at Bendalong, 130 kms south of Wollongong, with local surfers believing they may have seen the very young shark's mother two days earlier. The baby great white measured 1.4 metres, about the size at which these sharks are born.

Exhausted, but with its gills still moving, the mini predator was dragged back into the water by a surfer. But it washed up dead next day and removed by authorities. It is believed that surfers have been forced to leave the water on three occasions in the past week because of great white sightings.

****** Mollymook Cup Race Day... The Mollymook Cup has been run and won and the bus load of club members who went to Nowra Raceway had a great day. Some even came home with more \$\$'s than they left with and of course most came home with less \$\$'s than they left with; but isn't this always the case !. Thanks to Bernie and Clacko for organizing and also to the long-suffering bus driver Les O'Sullivan. The same trip is planned for next year's event.

***** Welcome back to Di... Yes, that is Dianna Donohue, who has returned to our ranks at Mollymook. Dianna got her bronze in 1999 and became a patrol captain, before the family left the area. But now they have returned and Di is again on patrol. Welcome back Di.

<u>PROFICIENCY/REASSESSMENTS/FITNESS TESTING...</u> "Call it what you will!!" But we all have to front up and complete it. So far attendances have been satisfactory, but only a few more sessions left. Find the dates on our website/facebook or contact BOS. BTW water temps are not so bad.

On the 6th February, 1938 the greatest mass rescue of people trapped by a series of large 'terrific dumpers' was carried out by members of the Bondi SBSLSC. This epic story in which five members of the bathing public drowned, sixty were returned to the beach unconscious and needed resuscitation out of a total of between 180 and 250 were rescued. The story has been told and retold over the years.

However, not so well-known is the fact that the Bondi club was also responsible for the first mass rescue recorded in the surf lifesaving movement. This occurred on a Sunday morning in 1908, when 40 people became caught in a 'deep channel' and the 'whole strength of the club were kept busy in hauling bathers out.' While all of the 40 were saved on this occasion, the (SLS) movement's second mass rescue, this time at Coogee, resulted in tragedy.

Saturday 28th January 1911 was a glorious day in Sydney and saw many Sydneysiders flock to the city's ocean beaches for a dip. When they arrived, however, they found treacherous conditions with a heavy swell and large plunging waves that were dangerously close together. At Bondi a number of rescues had been performed with 'several other exciting incidents' on the beach that day.

At Coogee, the club mounted a voluntary afternoon patrol at 1.00pm. However with the departure of nine competition members only two members remained on patrol, Harold Baker and James Clarken. Despite the poor conditions and the posting of warning signs, a large number of visitors were in the surf. A large set of waves drew a number of the bathers into a rip and began to carry them out to sea. With the close spacing of the plunging waves allowing many bathers the opportunity to recover from their dumping, the situation became serious very quickly. (In the mass rescue that followed) Baker and Clarken went to the rescue, saving more people than they could remember, but tragically, four surf bathers drowned.

This mass drowning fuelled a public debate about the future of surf bathing and surf lifesaving. Despite the heroics of Baker and Clarken, many commentators argued that the current system had failed Sydney's surf bathers if four of them could drown on one beach on one afternoon. This provoked a government inquiry into surf lifesaving in New South Wales that would have long-term consequences for surf lifesaving.

Although Mollymook never has the large crowds like Bondi, occasional mass rescues have been recorded. On the Sunday of the January long-weekend in 1981, patrol members saved eight people from outside the flagged area. These bathers were overwhelmed by a strong rip and heavy waves, and six of the rescues proved difficult, but all were successful. One of those rescued, a girl aged around eleven years of age had to receive medical attention on the beach.

Boxing Day 1994 saw a continuation of dangerous surf which had made patrol work very demanding for patrol members and the Narrawallee patrol had their busiest day ever, with multiple rescues being recorded including a mass rescue from the southern rip. The efforts of William Drury, Stephen Creech, Chris Brook and Anthony Nee were worthy of mention. The patrol stayed for a long period under surveillance mode after normal closure times.

Above & Beyond the Call of Duty... As mentioned in our previous issues of the 'mag' some members continue to put major efforts into our club. The BBQ van has been completely renovated and freshly painted by Les O'Sullivan with help from the 'old farts'; Ken Burton is renovating the gardens and you will have noticed the new palms planted near the northern entrance; the wooden surf boat has been positioned in the ceiling of the hall due to the efforts of Kevin Pollock, Russell Bartlett and Marty Drysdale and helpers; Barry Page still battles with the intricate plumbing; Neil Blair a terrific job with rendering; and the President and happy band of helpers are well into completing the foyer up-grade. Last but not least the efforts of Bruce O'S and his training group who are tackling their traditional very busy period we say "GREAT WORK & THANKS to all concerned." (hope I haven't forgotten anyone. Ed.)





If our bronze medallion could talk it might describe one of the exquisite ironies of the modern era of surfing and surf lifesaving. This would involve the unlikely spectacle of Australia's first world surfing champion (1964), the late Midget Farrelly AM, (who was part of the first generation to desert surf clubs [to go board-riding]), but returning to the clubbie fold to race surfboats.

As Tim Baker in his well-researched "Australia's Century of SURF":p.234-235 relates; Midget had been virtually estranged from the mainstream surfing world (after his winning the world title) for decades, but he held no particular affection for the straight-laced regimentation of the surf clubs either. He roamed the northern beaches (of Sydney) alone, searching out the best waves on his commute from Palm Beach to his Brookvale business, Surfblanks, each day, riding a variety of surf craft.

In a burst of patriotic nostalgia Baker relates how Midget decided to rediscover the timeless glide of the old 16-footers-the surfing equivalent of racing vintage cars. 'At the time I was in that mode where I wanted to be as Australian as I possibly could be, because I didn't know how Australian I was.' The racing 16 was a stand-our Australian invention.

Midget found that the old 16-footers actually caught unbroken swells beautifully, allowing a type of surfing out beyond the breakers, far from the madding crowds. Then he found himself drawn to surfboats. As he relates 'I watched a girl's crew at Palmy (Palm Beach) with a sweep who just didn't know the ocean and my daughter said "Can't you help them?" So Midget jumped into a new wave-riding adventure as a sweep for the Palm Beach girl's surf boat crew and found that he loved it, connecting with the kind of innocence he felt that boardriding had lost back in the (19) '60's.

'For these people, I'm their connection to the ocean. The crew has to believe in you because their lives are in your hands,' he says. "They are twenty and I'm nearly seventy. They would give anything to be surfers, but because they are not, they want to learn about it however they can. There are great moments where they are all working together, moving boats around at a carnival....When you're a surfer, you're an individual with a personality. When you're a rower or a sweep, these are all your friends. . . It's normal at a surf carnival to talk to everyone. This is all about having fun on the day. You never know what the ocean' going to do, and whether you win or not, we all accept each other for what we are, which is kind of nice.'

The likeable, charismatic legend Midget, passed away 7th August 2016.

In our last issue of the 'mag' we featured in this above segment, one of our patrons Jon Donohoe. Just a week or so later Jon also featured in the August *Senior* magazine in their regular column "Good Sports". This was a more complete run-down written by Barry Ross, which you can read on our gymnasium notice board. What a career JD had!! To cap all the publicity for Jon was the brand new car that he won when his number was pulled from the barrel in our recent Car Art Union Raffle. Congratulations Jon and commiserations to the other 449 ticket holders who again missed out!!

Tourist's Miracle Sun-bed Sea Rescue.. A terrified tourist has been rescued in Crete after floating for 21 hours on the open sea on an inflatable sun-bed that was swept away by a strong current. Russian medic Olga Kuldo, 55, was saved after a border patrol plane checking for illegal migrants spotted her more than 11 kms offshore.

She had floated through one night and was reportedly fried alive by the sun the next day. She needed hospital treatment for exposure and resulting heart problems.

The woman from Zeleenograd, near Moscow, was staying with her husband and daughter at the resort of Rethymno on the island's north. Her relieved daughter posted on social media: "Miracles happen."

And Another Miracle Concerning the Lost Keys...He searched for days on end, his home, his surf club, his pockets, the store room and bar area. He cajouled, implored, asked, threatened, offered a reward, pleaded, asked the grandkids..but all to no avail. His bunch of keys were gone and with the van already hitched up, he had to go, so 'keyless' away he went. 'But what was that rattle?' Many kms north, the keys revealed themselves in the vehicle tray, where Jim Bryant had placed them a number of days before. So, blood pressure returned to normal, pulse rate declined, and temper abated, and the trip continued.

Two drownings mar the start of the new surf season on the South Coast... The first happened at Racecourse Beach Kiola, when a middle-aged visitor from Canberra got into difficulties in a rip. Despite the best efforts of concerned members of the public and emergency responders, by the time he was rescued it was too late for him to be revived. The same applied at Stanwell Park, when once more a male swimming well outside the patrolled area also got into difficulties which resulted in his drowning.

Again, swimming in areas away from patrols and a failure to identify rips and currents continue to add to our unfortunate statistics, even at this very early part of the surfing season.

We must all take every opportunity we can to keep educating beach-goers of the dangers of our beaches, and as Steven Pearce CEO of SLSNSW said in relation to the tragedies above..."As surf lifesavers we want everyone to enjoy their time at the beach safely and it's crucial that people make the effort to swim at a patrolled location and between those red and yellow flags."

New Ulladulla High School leaders elected.. Keeping up a proud tradition the newly-elected Captains for Ulladulla High are both members of our club. Takesa Frank and Jacob Webb join the long list. Congratulations to you.

Mollymook Surf Boat Classic...Saturday 3rd November 2018. Help will be needed from 6.00am on the day to set up the arena for a start to the first race at 9.00 am; & later in the afternoon to dismantle same. PLEASE GIVE A HAND!!!

<u>AND...</u> THE FOLLOWING WEEKEND $10/11^{TH}$ NOVEMBER a call-out to members, including roving patrollers, patrol defaulters, competitors anxious to build up their hours and normal members. Due to a hiccup in the patrol roster, the club needs to add Saturday am/pm, and Sunday am/pm patrols and at this late stage these will have to be voluntary patrols. Please inform Adam Woodward or Annette Chapman is you can assist.



*** My mistake in the last issue of the 'mag' re 'recycling was to depict the plastic bottle with its 'lid' still attached. I have been informed that the lids must be removed. To make up for the mistake we publish the following...

FACT..The deepest place on earth is the Mariana Trench which bottoms out at 10.916 metres.

HORRIBLE FACT.. Recently every creature sampled at the bottom of this trench, mainly tiny crustaceans- have been found with plastic in their stomachs which they had eaten. The microscopic plastic fragments included nylon, polyethylene and polyvinyls.

HORRIBLE, HORRIBLE FACT.. This finding now means that nothing living in the world's seas remains untouched by man-made rubbish.

Exciting to seethat two former Mollymook SLSC members, Grace and Lily Richardson, who have now domiciled in Sydney, have formed a band. They recently released their first single which was well received across triple J's airwaves throughout 2018. The girls had a musical upbringing with both mum and dad being really musical. They are getting plenty of gigs around the state and we wish them all the best in their careers.

Changes in **Membership categories**...SLSA s implementing changes to its membership categories. All members are currently in one of fifteen membership categories. From now on (ie the start of the 2018-19 season), these fifteen (sub) categories will be grouped under one of four Primary Membership categories. This move is part of a broad strategy to limit complexity and improve alignment across the organization.

Also as part of this restructuring, a new "Community Membership" category has also been created. The addition of this as an option for clubs was a key recommendation from the 2016 Sport and Recreation review.

The five Primary Membership categories therefore are:

- ** Junior Membership (incorporating sub-categories of Junior Activities membership (nippers); Cadet (13-15).
- ** Active Membership (incorporating sub- categories of Active membership, Reserve Active, Award mem'ship).
- ** Community Membership.
- **Associate Membership (incorporating sub-categories of Associate membership, Probationary membership, General membership or Leave/Restricted membership.
- ** Honorary and Service Membership(s) including Life Membership (incorporating sub-categories of Long Service membership, Honorary membership, Past Active membership).

COMMUNITY MEMBERSHIP... What is a community membership?

Ans. A Community member originated as a recommendation from the Sport and Recreation review, but has extended far beyond sport. The new membership category aims to recognize opportunities to build coastal recreation programs that attract new members, better serve the needs of the existing members and an opportunity for clubs to engage non-member groups on a commercial basis.

Is it now compulsory for (our) club to open up a Community membership category?

Ans. No, clubs are not obliged to introduce a Community membership if they do not wish to. However, the provision of a Community Membership is a good way for a club to engage with the wider community and provide an attractive recruitment pathway to full patrolling membership.

Will my club (Mollymook SLSC), offer a Community membership and what will it look like?

Ans. Decisions around the structure and rights of a Community Member are a matter for individual clubs to decide and this matter has not be decided upon by our Club Administration.

The membership changes will not affect your service history. Also if you have already registered under the past membership categories you will not have to do anything in Surfguard as SLSA will automatically map your sub-category to the appropriate, new Primary membership category.

<u>Drones Coming to a Beach Near You</u>...In partnership with Surf Life saving NSW, 15 beaches will have drones assisting lifeguards and (surf) lifesavers. The devices will not only be used for shark spotting, but also to identify swimmers who may be in trouble. Equipped with sirens, the SLSNSW-coloured drones will enable lifesavers and lifeguards to sound an alarm whenever a shark is sighted.

Primary Industry minister Niall Blair said the "eyes in the sky" would help lifesavers to better identify possible danger in the water, while also helping them to alert swimmers and surfers.

"They allow our lifesavers to spot the risk and get straight to work to prevent a potential attack or drowning," he said. "In the second years of this partnership, we just haven't added more beaches to the trial, SLSNSW are on improvements to the drones."

The important news for our club is that we have been added to the list of eleven country clubs where the drones will be trialled this season. This will of course involve the training of drone pilots and members interested in taking part should contact our Director of Lifesaving, Adam Woodward for more details.

Ever wanted to fly a drone? We are looking for surf lifesavers to train as UAV Operators at Mollymook.

Unmanned Aerial Vehicles (UAVs) are revolutionising Surf Life Saving, helping to spot sharks and marine life, identifying hazards such as rip currents and assisting swimmers in difficulty.

Surf Life Saving NSW is involved in further drone trials in conjunction with the Dept of Primary Industries. We are looking for SLS members to fly drones across 18 beach locations each weekend between November and April.

Training

- Complete UAV pilot training and certification free of charge
- 2-day course that covers drone operation, care/maintenance and specialised marine life and hazard identification
- Reduced training may be available for members with current UAV certification

You will be:

- Over 16 years of age
- Available for full or half day rostered drone patrols throughout the season.

Because this is a land based activity, you don't need to be Bronze Medallion proficient, so this is an excellent opportunity for members looking to stay involved in surf lifesaving.

Patrolling members will need to fulfill their existing rostered requirements for their club patrols, however you're rostered hours will count towards patrol hours.

We're recruiting NOW and commencing training in the coming weeks so submit an expression of interest including:

Your name and club

- No. of years as a member
- Lifesaving qualifications (eg. Bronze or Silver Medallion, IRB etc)
- Address and contact details
- Availability to be rostered on weekends during the season
- Any UAV experience or licences you already hold

Submit Expression Of Interest

Please submit your expression of interest to;

Surf Life Saving NSW

E drones@surflifesaving.com.au

If you have any questions about the UAV program or this role, please contact the team at Surf Life Saving NSW. **P** 9471 8000

E drones@surflifesaving.com.au or info@surflifesaving.com.au

ON THE SPOT... This is some advice taken from U-Tube from someone, relating to CPR and based on their experience when placed 'on the spot'.

"To all saying that compressions were too fast and people saying 'blah-blah; have you ever done CPR. It's stressful in that two minutes; you can't focus of correct compression ratios and I say to you, compressions are supposed to be done at a rate of 100-120 bpm. It's stressful, yes, but that is not a get out of jail card for you not doing proper compressions. If you cannot do them correctly and there is someone else there trained in CPR they should take over. Understand the guidelines, adhere to the guidelines—that's why they're there!

Of course, if you are the only responder, or it's you and a partner, just remember to push hard and push fast. Bad compressions are better than no compressions."

'Nurdling', a new verb and a variation on 'Take 3 for the Sea'... Over the last 12 months in the south west coast of Victoria around Warrnambool, groups of school children and older people who frequent the beaches of this area go 'nurdling'. Nurdles, for those not in the know, are tiny plastic pellets, which can be opaque, like milky baby teeth, or transparent, like tiny teardrops. They are (however) the raw material used in almost all plastic products.

BUT nurdles are also an environmental scourge, making up part of the 8 million tones of plastic that flush into our oceans every year. Nurdles are particularly dangerous because marine animals—fish, turtles and birds—often mistake them for fish eggs. When ingested they can obstruct an animal's digestive system, leading to it becoming malnourished of starved.

They also soak up chemical pollutants, releasing toxins into the animals that eat them. These accumulated toxins have been measured at concentrations up to a million times that found in seawater.

So more reasons why society must ban the use of plastics.

News from the FFU is that all the countries in this group have agreed to ban all 'one-use' plastics such as

News from the EEU is that all the countries in this group have agreed to ban all 'one-use' plastics such as containers, wrappers, etc in a very important step to cut down on plastic pollution. When will we take the same sort of drastic action needed?????

What a great start to the season for our Nippers and to see this many already attending earlymorning training sessions, full of enthusiasm, and enjoying the training routines of Tony Ireland and his helpers. Keep It Up Kids!!!!



6am and about 25 kids are at the beach training for surf club. #healthykids #goodadults #mukids Mollymook Surf Life Saving Club Inc.



Tony and Steph are already at work building on the hard work of the Greenhalgh's from the past two seasons, but they need help to fill some of the positions like age managers, and of course the vitally important role concerning water safety. Parents please put your hand up to help. AND A BIG WELCOME TO OUR NIPPER RANKS TO THE GROUP WHO HAVE JOINED OUR JUNIORS FROM CANBERRA.

This will be a big boost to the numbers and provide a heightened level of competition for all.

As well, the influx of Canberra parents who are willing to qualify and take on roles in water safety and organisation, can only be beneficial not only to our Nippers, but to our club as a whole.

Our job is to make these new members as welcome as we possibly can and work together to make the venture as successful as possible.

The first day of activity will be the 18th Nov; and approximately 100 Canberrians will be in attendance to join in the usual nipper fun and competition.

All the best to all concerned...

****** <u>"Awesome Result at Coolangatta Gold..."</u> These were the words Tony Ireland used to describe the efforts of club member David Tudor-Jones who recently competed in the Coolangatta Gold event in Queeensland David came 84th overall, but 13th in his highly competitive 35-49 age group. His time of 5hrs.32 mins.23 secs., was a terrific effort.

David relocated from the Northern beaches a few years ago and is a very accomplished ski paddler having completed the famous Molakai Challenge in Hawaii a few times. He has started Ironman sessions on Saturday mornings at our club, and has donated a surf ski to our equipment. Tony also feels that David is set to be a strong competitor for the club at upcoming carnivals.

****** <u>'Cleaning—how YOU can help...</u> Gym attendances each day have been increasing with the number signing in for workouts each day often over 20.. Our custodian Brett Crockett does a fantastic job keeping the gym spotless. Upstairs, 'Brush & Broom' aka Gareth and Claire Davies also clean and vacuum this area each week. We can all help out by keeping the club tidy and using the provided receptacles for rubbish. As well sand removal outside the club before showering is a big help. If needed brooms are provided at various places in the clubhouse and don't be frightened to use these. It all helps to keep our wonderful facilities in top condition.

The LAST PAGE....

The recent 'long-weekend' showed off our Mollymook Beach in all its glory. How lucky we are to be able to live where we do. To make it even more desirable was reinforced, when I remembered a paragraph from a book I had recently read by famous surfer Nat Young. His book was 'Surf Rage' and in it was the following description......

"To many, however, the beaches of Southern California are a steaming circus-like meat-grinder, stuffed with millions of people, imported desert sand, palm trees, sweaty policemen, upright and overworked lifeguards, clueless tourist hordes, plastic women, suffocating smog, thrashed ecosystems, endless parking meters, spotless SUVs, neon lights, squalid bums, fast-food wrappers, polluted ocean water, screaming children, toxic bonfires, cigarette butts, broken glass, and (human waste)."

So yes we are lucky, but for how much longer? Southern California was once romanticized as a 'Mediterranean utopia', but it exists today as an over-populated concrete jungle.

"Naturally, as with all flourishing animal species and their respective territories, the resources sought and cherished by Southern California surfers (and beachgoers) dip into a perpetually-slimmer stockhold while the influx of newcomers fails to cease and the residential developers rise to the selfish demands of human overpopulation."

Is this the future for our beautiful southern coastline?

The above was a small segment of a chapter written by Mike Kew titled "Californication" page 101 in 'Surf Rage'.

MICK BOND ENDS LONG SURF LIFESAVING CAREER... Season 2017-18 was the last for Mick who finally decided it was time to retire after 60 years of service to surf lifesaving. To make it more noteworthy Mick has been on active patrol duty for all of these years, either on the beach or in the radio room. He gained his bronze medallion in the mid 1950's as a member of Dee Why SLSC and shifted to Mollymook in the early 1960's where he joined our club. In 1976-77 as dramatic changes were taking place in surf lifesaving, Mick took on the role as Mollymook's first Powercraft Officer introducing the IRB into patrol operations here. As well, radio also became an important part of patrols and Mick shifted into this aspect of patrol work, and stayed on as a radio operator until the end of last season.

Mick was also involved in getting Nippers up and running, acting as liaison officer between the junior and senior club and attending management committee meetings. His involvement, along with the Nyholm family was the foundation of the success of the Mollymook Nippers.

As a tiler his expertise was called upon in 1977-78 when the new clubhouse was constructed. However club members had to take on the role of completing the interior, as the construction by the contractors was only to a 'carcase finish.' Mick had the job of doing the floor and wall tiling, which he completed single-handedly.

He enjoyed his 60 years and we congratulate Mick on a wonderful career in surf lifesaving. Well done!!

Members may have noticed the bench, donated by the Garden Club alongside the pathway outside the hall. This is to perpetuate the memory of 'Patto'. Use it and give a reflective thought to our mate and surf lifesaving partner. See you on the beach, *The Editor*.