

ISSUE..FREE.

1934-35..... 2018-19
84 YEARS OF
VIGILANCE AND SERVICE

PROFESSIONALISM.. It's NOT the job you DO; It's HOW you DO the Job. That is to always behave in a manner, to carry
yourself
in such a PROFESSIONAL way, as if there ever is a reflection, it's a positive one.



Looking for something to do next Sunday 21st July. Why not enjoy the company of your fellow club members and come along and listen to some music and have a few drinks. Bring along some nibbles and sit back and listen to fellow club member Mike Gaffney and his Band 'Blue Moon Cafe'. All welcome bring along some friends and family bar will be open. \$10 a head.

Bring the kids under 16's free.

5.00pm till 9.00 pm.

Celebrate an important milestone in our civilisation's history. Join the other 'lunatics'.

Mollymook Mag

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And what were the rest of you doing on this freezing cold winter's day ??? Curled up in your warm, toasty, flannelette pj's, I 'U bet !!. Hot coffee in bed too !!



This past Sunday morning under the watchful eye of trainers Mark Green and John Holt, the IRB trainees undertook the next phase in their training. 'Learning to get through the waves to a patient quickly.' They were also taught about 'utilising the beach channel in their endeavours to reach a patient as quick as possible'. As can be seen by the pics, the trainees are becoming fast learners and developing a lot of IRB expertise.

PRESIDENT'S REPORT... Dear Members,

In around five (5) weeks our 2019-20 Surfing Season begins with our Annual General Meeting to be held on Sunday 4th August, commencing at 10.00 am. Our Annual Report, including the Financial report will be presented, along with an upgraded Club Constitution to be adopted and accepted.

This Constitution is to follow SLSNSW and SLSA guidelines, so that all the surf clubs in Australia will follow more or less the same Constitution. Once it is adopted, copies will be available for members to acquire if they wish.

Most members now know that the Club has installed a new entry system for the clubhouse through the front door and the gymnasium. This is a 'fob' swipe system replacing the past keying system. Hopefully it will not only ensure better access, but will allow us better access identification of who is entering our clubhouse. The activation of the 'fob' will also be used to allow better identification and after a time period still to be decided, unfinancial members will have their access removed. This will last until membership is paid and the member's portal completed.

I will remind members once again that being unfinancial will also mean that Work Cover insurance will not operate for you. Other reminder once again, is to please remember that if you are injured in any way while on patrol or other duties, please inform your Patrol Captain, or other senior members, so that an 'incident report' form can be completed. This has to be done as soon as possible within 24 hours of that injury, to ensure proper identification and recording of your injury.

We are also endeavouring to improve our communication around the Club. To this end we are set to install a screen in the front of the clubhouse with all upcoming events, sponsor's news, interesting surf lifesaving footage, plus other information for you. Hopefully this will be up-and-running by the commencement of the 2019-20 patrol season.

Our presentation Night was again a very enjoyable event with a good roll-up of members attending. However, an area of concern was the lack of younger members coming along to receive their surf lifesaving awards. We may need to think of a better way to present these awards and we are always open to suggestions from you.

Finally do not forget our Club AGM and we hope you all make the effort to attend.

Rod Austin OAM.
.....

Just a Reminder from the 1961 NSW SLS Annual Report....

'The efficient Patrol System is the thing that really counts in surf lifesaving—the inescapable fact (is) that without proper and willing beach patrols, the true meaning and purpose of (surf) lifesaving is lost.'

Editorial. Halfway through the off-season and hopefully all members are enjoying the rest after Season 2018-19, and again hopefully all looking forward to next season. It will be the 85th birthday of Mollymook Surf Life Saving Club, something to celebrate and also to plan for the future. In the 'mag' we have at various times talked about change and how we have to be progressive in coping with the ever-changing challenges. In our last issue it was mentioned about how increased visitation to our beaches was probably the biggest change currently happening. A recent survey showed that many surf lifesavers and lifeguards felt that changes are necessary to address current and future safety concerns, particularly to address the developing needs of the community.

Also of concern is to make sure that the review of our Constitution is carried out to bring it into line with the NSW SLISA template. At the next AGM this should be completed. It is more important than ever that the Governance of Clubs, by Boards of Management, follow the measures outlined in their Constitutions. To the average club member I guess this is uninteresting, 'dry', unstimulating; but basically the survival into the next decade of the 'twenties' depends on it being addressed. The governance of the club is so important, that it must be done properly. If not, problems will arise, especially in dealing with the changes which are taking place in the environment in which we operate. You might read on about when even bigger clubs than ours, with proud traditions of Vigilance and Service over 100 years suddenly find problems. The following is from a recent Newsletter and out of courtesy to the Club involved its name has been left out and by no means is it meant to denigrate the club, but to show what can happen.

PATROLS:

The 2018-19 season was to say the least, difficult. We went in without a Club Captain & Vice Captain - an unenviable situation. With no response from members, Deputy President took on Captain's role & organised the roster of (8) Patrols teams. The Vice-Captain position remained unfilled. Despite the barriers, we again completed the season on our Beach with NO LIVES LOST. A big `THANK YOU` to all those members who committed to & maintained their diligence to the rostered patrol system.

We need to re-evaluate the whole Patrol/Beach Management system at..... Beach. It is imperative that we increase the retention rate of the BJA to Senior progression, attract new members from the public, gain additional IRB, ARTC & Beach Management awards & promote responsibility to patrol commitment by those members who are lacking in this area (poor attendance, no substitute, uniform code, proficiency etc)

Providing a safe beach, competent rescue personnel & rescue equipment to protect the public onBeach is the core of our operation. We need member support at all levels to achieve this

Let's all consider how we might contribute to this going forward into next season – only 4 months away.

DISAPPOINTED:

That we had to go `cap in hand` to get Club members to support the regulars at (fund-raising) The money received from organisers goes to the benefit of ALL MEMBERS in providing 1st class facilities, equipment, competition support, SLSA awards & trophies etc. We expect, at least, support from a range of members other than the usual dozen who are always generous with their time at these events. Really, to be blunt, it's about time some members did their bit to support the Club that is generous to them in many ways.

These are just some of the problems that Clubs find happening and there are lessons to be learnt. As always, before our AGM we ask the same thing of members, please don't be afraid to come forward and put your hand up to help govern your Club. Let us get the new season off to a good start, be involved and build up a sense of belonging and the problems of 'change' can be overcome.

The Editor....

***** At various times in the past we have worked with the Local Ulladulla Board Riders Club to help us extend our 'Umbrella of safety' over area and time. We have fostered, with varying degrees of success, classes on board rescue, CPR and first-aid, for the members of that group. There has not been for many decades any animosity between 'us-and-them' and now the relationship overall may be even closer. Read on from the following articles in the 'Summer Wrap-up of the Australian Lifeguard Magazine; page 16.

Stoked to work together...NSW wipeout tensions in the surf.

It's no surprise surfers and (surf) lifesavers have in the past struggled to share the renowned surfing breaks and pristine sandy beaches of NSW. In an historic agreement, Surf Life Saving NSW (SLS NSW) and Surfing NSW have joined forces to provide benefits to members of both Organisations.

Collaborating on industry knowledge and experience, a **Memorandum of Understanding** introduces new opportunities to improve member welfare and maintain, develop and promote beach safety across the state.

The agreement signed by heads of both organizations presents a **united front in terms of beach safety and event services**. SLS NSW will provide lifeguard and water safety assets to Surfing NSW events and conduct First Aid training for members of Surfing NSW. Surfing NSW will provide ACCREDITED JUDGES FOR THE Midford NSW Board Riding Championships. In turn, both organisations will receive cross-promotion and the opportunity for development, some of the many benefits the partnership will offer.

Although many people have been involved in both the surfing and (surf) lifesaving communities since the 1960's, history reveals a lack of understanding at times between the two groups. Australian

surfing icon, Simon Anderson, expresses it well and explains the tendency for people to end up favouring one subculture over the other.

“The relationship between surfers and surf lifesavers soured during this time because there wasn’t a good understanding of each other’s needs. Surfboards were big and a safety hazard to swimmers and (surf) lifesavers would place the flags in the best surf spots on the beach without consideration. The conflict increased when local councils brought in a registration fee for surfboards, and it was the lifesavers that had to enforce the fines and confiscate boards.”

In more recent years, the gap between the two groups has narrowed with a greater understanding and appreciation of each community’s requirements. Surfing NSW CEO, Luke Madden, expresses his excitement for the partnership to demonstrate this newfound and growing friendship.

“We’re coming together to make our beaches safer and we’re stoked that we can work together officially now. We’ll be bringing to life combined initiatives like our Surfers Rescue 24/7 water safety program, providing CPR and board rescue techniques to surfers. SLSNSW has helped with the growth of this program that is now engaging and empowering surfers along the entire NSW coastline to help out when there are no lifeguards or patrols available.”

Increased safety measures, more qualified First Aid trained surfers and better collaboration are just some of the benefits of the agreement as it evolves.

(PAGE 16 Australian Lifeguard magazine..issue 14..Summer 2019)

MORE [NEWS FROM NEAR AND FAR, FROM HERE AND THERE!!!](#)

*******Hall of Fame for Melissa...** What an honour for Melissa CraCroft-Wilson (nee Howard) who was recently inducted into the SLSC Hall of Fame for her wonderful career on the beach. Melissa (of course) was a ‘star’ product of Mollymook SLSC and then a ‘star’ for the Kurrawa SLSC in Queensland. Melissa in her career has won 10 Australian and 4 World Championship titles competing in the Beach Flags. Melissa also has won Gold as a member of the Open Women’s relay at the World Titles. In her final year at Mollymook when the pinnacle for Mollymook competitors was reached, Melissa was a member of the Mollymook team at the World Titles held in Victoria. As a member of the Women’s Open Beach Relay team, an achievement of the highest order in any Australian sporting event was reached, when the Mollymook team of Ashley Smart (Cheney), Melissa Howard, Armalie Davidson and Tegan Davies won the Event for the fourth successive time. As well, Melissa won the Open Women’s Beach Flags and Ashley the Open Women’s Beach Sprint, to complete a clean sheet of the Open Women’s beach events. An incredible result.

[Congratulations Melissa on a wonderful career.](#)

Don’t Forget...Our Club’s Annual General Meeting is on the Sunday Morning the 4th of August..Put this in your diary NOW and Come Long.

***** **International Recognition for Golf Club...** Congratulations to Mollymook Golf Club, one of our major sponsors, who recently received International recognition by being nominated for (golf) "Facility of the Year" award at the Annual Troon Awards in Scottsdale Arizona. Mollymook made it to the final 6 out of over 500 clubs from 33 countries around the World.

It is worth noting that Mollymook was the only club outside of the USA to make it to the final.

Well done to CEO John Holt (our IRB Captain), and the Mollymook Golf Club Board of Management.

***** **Also From Mollymook Golf Club News..** It was interesting to read the following report from the same issue which mentioned that "A successful new event for the (Mollymook Golf) Club with a field of almost 100 Builders and Tradies and Suppliers, coming together to raise money for a great cause. The Golf Day raised \$17,334 for the Orphans Village and this will become an annual event.

I could not help but to think back to when one of our surf club major fund-raisers was a similar Golf Day. Over a number of years it helped our finances along as a major source of income. However we were let down by some of the attendees whose questionable behaviour led to the Golf Club withdrawing their support of the event.

This has been replaced by the Mollymook Golf Club's very generous sponsorship of *the Mollymook Surf Boat Classic* each season for which we thank *them*.

***** **OUR TALENTED AND COMPETITIVE COMPETITORS..** At the recent Presentation evening (and in our upcoming Annual Report) our competitors have received many accolades. Who can forget the wonderful results at the World Championships, our beach team, and boat crews (especially the Under 19 girls with their Bronze Medal), then the NSW State and Australian Titles when the black and white caps were being acclaimed again. For the beach team further accolades and **Congratulations to three these talented superstars who have all been named in the Australian Surf Lifesaving Team Squads for the Worlds 2020 campaign in Italy.**

After a second year of claiming the U/17 sprint and flags double, Sam has been chosen in the Australian Youth squad while Brock and Payton have been selected in the Australian Pathways Squad, identified as two of the most talented young competitors progressing into the Open ranks.

This is the cherry on top for what was an incredible season for these three hardworking athletes and we are all so proud and happy for them.

"SAMMY"

BROCK

PAYTON



******* ANOTHER 'BLAST' FROM OUR SURF LIFE SAVING PAST..**

Way back in our history sunbathing was beyond the pale in more ways than one and was looked upon as being decadent. On the beach sexual segregation was deemed vitally important and aggressively, even antagonistically, pursued. Sir Adrian Curlewis,(who we have featured some issues ago) a Palm Beach Lifesaver and later President of SLSA for 42 years, explained the situation as it was in the first decades of the Twentieth Century.....

" So that there would be no suggestion of wrong conduct between the sexes, the beaches used to be roped off. This was between 1902 and 1907. Males on one side and females on the other side of the rope. Every now and again, some of the females might get a little close to the male side of the rope, and males would go near the female side of the ropes; and particularly when some of the females would get in a little trouble in the surf and the males had to duck under the rope, swim out and bring them back. P 55 of Drew

RESCUE...RESCUE...RESCUE!!!!!!

Newport Surf Club 'saved my life'..

"I don't mean that I was pulled from the surf by a patrol member. I mean that at age 19, I was drifting, insecure, feeling rejected, looking for purpose. Newport SLSC gave me that purpose.

My father had died when I was 10. I felt deserted. I was sent to boarding school and spent most of my time rebelling. I couldn't wait to leave, get any old job and play first grade rugby union. First year out of school I damaged my knee badly and any real hope of first grade was gone.

So had my dreams. My 'any old job' turned out to be boredom in a bank. No dreams there.

One of my closest childhood friends who had lived at Mosman had recently moved to Newport. "Why don't you come down and spend the weekend with us?" he asked me. What a great idea! So to Newport I came, to meet him at the surf club where I discovered to my amazement I was on patrol. My friend's name was Michael Hill.

I felt at home immediately. I had a purpose. I belonged to perhaps the world's greatest voluntary movement with people who cared about their community, their mates, the joys of the beach and the surf, and who made a contribution. All this and it was enormous fun too!

I was fortunate enough to become Chief Instructor and Club Captain in time. The experience gained in these and other roles in the Club helped me then, and in later life, to realize that my dreams could come true. It was up to me for I had around me at Newport SLSC, the resources to succeed at what I wanted, if I tried hard enough.

There was at Newport, one incident that in later years gave me the strength to keep going no matter what the circumstances, no matter what the odds.

Late on a bleak late summer Saturday afternoon, I was talking to a friend at the back of the clubhouse when a cadet rushed up saying there were two bathers in difficulty off Bilgola headland. I saw that they were a long way out with a big sea running. I asked the cadet to get anyone available to help while I swam out to them. One surfer was able to float but the other was in serious trouble. When I reached him, he kept lunging at me, trying to push me under so he could sit on my shoulders. I recall thinking "I know I am not supposed to hit him, but I can't remember what I am supposed to do." Anyhow I was able to support him and very slowly, making little progress against the swell, we tried to head for the beach. I felt we were becoming more and more vulnerable and I more

anxious. I suppose we must have been struggling for 20 minutes or so and getting nowhere (it felt like hours) when I saw something out of the corner of my eye. I looked and couldn't believe it. There 20 metres away on his long board was my guardian angel named Gerry Jeffery. He took the problem surfer to the beach while I helped his friend ashore.

I tell this tale for one reason. After that experience, I felt that I had confidence to take on anything that life would throw at me and that there is always help at hand if only we look. However, your guardian angel may never look as beautiful as Gerry Jeffery did that day. My life since then has been blessed. There have been some downs, but many, many ups. I would never have lived my dreams, completed my hopes and had such fun without Michael Hill, the surf lifesaving movement - most of all, Newport SLSC. Warwick Evans..

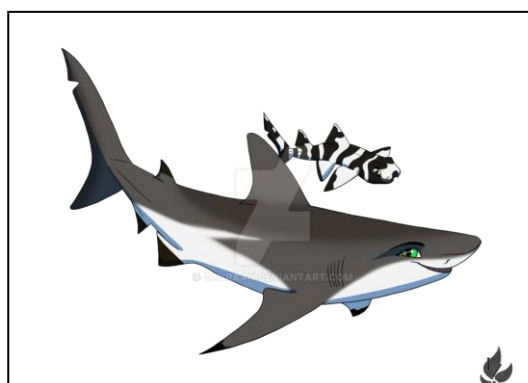
This wonderful piece by Warwick Evans was featured in the Newport History Book to celebrate their 100th year of surf lifesaving. As well as featuring our usual rescue-rescue-rescue segment it also deserves to be this mag's 'if our bronze medallion could talk.....' I'm sure most of us get a lot out of being part of this iconic movement just like Warwick Evans did. BE PROUD of being a SURF LIFESAVER. If interested we have a copy of this history.

***** **SHARK FILE..** As usual; always news on the 'shark front'. As you probably are aware, last season Surf Lifesaving trialled the use of Drone patrols on many of our beaches. With these trials now complete you may be interested in the results.

Results of SLSNSW drone trial for shark sightings...

Cudgeon Beach,Kingscliff	12	Birubi Beach,Anna Bay	9
Byron Bay	49	Redhead	1
The Pass Byron Bay	46	Avoca	3
Suffolk Pass	8	Kiama	10
Lennox Head	19	Mollymook	4
Sharpes Beach Ballina	41	Tathra	0
Shelley Beach Ballina	25	Pambula	37
*Lighthouse Beach Ballina	35	TOTAL SHARK SIGHTINGS...	370
Evans Head	58		
Yamba	3		
Coffs Coast	2		
Tacking Point Port Macquarie	8		

"So where are you going to swim next Summer???"



STOP PRESS.... AMAZING NEWS.."What the sea taketh away, it gives back up". During the trials at these beaches a number of drones were swallowed up by the ocean (due I think to a number of software malfunctions.) At Mollymook we lost one, but recently in late June after a succession of big seas, the drone was washed up in the middle of Mollymook, decidedly the worst for wear. You can see it upstairs.

***** *In early June this year, 60 bull sharks were spotted off Ballina's Lighthouse Beach Gary Meredith of Surf Life Saving Far North Coast told the ABC that he had never seen sharks in such numbers.* *****

***** **DAD PUNCHES UP SHARK...**

The father of a 17-year-old girl who was attacked by a shark off the North Carolina (USA) coast has revealed how he rescued his daughter by punching the shark repeatedly until it let go.

Charlie Winter was in the water near his daughter Paige when he saw a 1.5m trail of blood in the water.

He dived in and grabbed his daughter, pulling a shark up out of the water along with her.

"It was abig shark...I immediately just started to hit it," he said. "I don't know how many times I punched it, but I hit it with everything I could and it let go.

His daughter is expected to make a full recovery. *****

***** **Shark Tagging...** *The NSW Department of Primary Industry (DPI) has had a game fish saltwater tagging program since 1973. In tha time since more than 475,000 fish- including sharks- have been tagged. In April this year, they reported a bull shark caught by fisherman Marco Schmitz in June 2016 had been caught 955 days earlier, and more than 1665 kilometres south, of where it was caught by Schmitz. In that time it had grown nearly 40 centimetres.*

***** **MORE DISAPPOINTING NEWS ON OUR WHALES...** Two issues ago we featured the news that dead whales were being washed up around the world. Rather gruesome autopsies revealed that the ingestion of large amounts of plastic was in some cases the cause of death. Three weeks ago this headline was in the Daily Telegraph..

FEARS OVER SPIKE IN WHALE DEATHS.

SEATTLE..(USA). Scientists are investigating why an unusual number of grey whales are washing up dead on west coast beaches in the US. About 70 whales have been found dead so far this year on the coasts of California, Oregon, Washington and Alaska, the most since 2000.

About five more have been discovered on British Columbia beaches in Canada. That's a fraction of the total number believed to have died, because most simply sink. Officials declared the deaths an "unusual mortality event", and have provided additional resources to respond to the deaths and triggered the investigation.

"Many of the whales have been skinny and malnourished," agency spokesman Michael Milstein said. Whale numbers have boomed and some wonder if this means they have reached the limit of how many the environment can support. Others suggest that the loss of Arctic sea ice due to global warming is the culprit.

In the middle of the annual migration of whales north along our coastline it gives us food for thought as to what the future of these wonderful creatures, we share the ocean with, is!

Don't forget the upcoming AGM...Support your Club!!!

***** **RE The STATISTICS IN OUR LAST ISSUE OF OUR 'MAG'...** "Holiday drownings during (this) summer are the worst on record for the last 15 years, with 55 having been recorded in Australia. This is a 45% increase on the 15 year summer average of 38." One newspaper headlined it as **Deadliest summer at Aussie beaches Ever**.

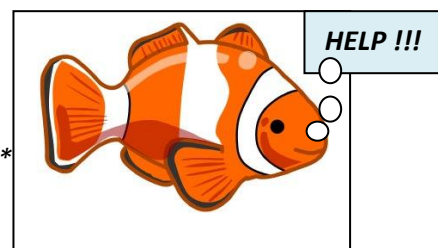
At a drowning Prevention Seminar 26th March 2014 held in our club with many representatives of other clubs, it was concluded with the formulation of a 'major goal'. This was to reduce drowning deaths by 50% by 2020.

A number of ways were suggested by which this goal might have been achieved—most of which were well-thought out and attainable; but as these latest statistics show only moderate success has been gained. However we must not give up on this!!

***** **And TALKING OF "GIVING-UP", HAVE WE HERE AT MOLLYMOOK GIVEN UP ON 'YOUTH DEVELOPMENT' ??** The question must be asked; " Whatever happened to 'big fish—little fish'?" Ava Del Tufo put a lot into developing this excellent program, but when she left to pursue her University studies, it has all fallen in a heap.

The reason why??? Nobody in our quite large membership was willing to put their hand up to take over the program. Two years on and it is still languishing...what a tragedy and a disappointing feeling for Ava and her helpers after all their hard work to get it running.

Again.... However we must not give up on this – as well!!.



GEARING UP FOR THE NEW SEASON AHEAD....

Our Director of Gear & equipment is already hard at work (actually, he never stops!) At present he has on order 3 new patrol tents plus two larger ones for competitors etc; a new ATV is on order as well, with sponsorship from the Mollymook Golf Club and the Milton-Ulladulla Ex-Servo's helping to defray the costs of this; plus a new replacement ute for our FWD, which is ready to pick up; plus the club radios and oxy-vivas are all being serviced. Les also thanks the 28 or so members who attended the working bee recently when a lot of cleaning, sweeping, organising etc etc was successfully carried out. Les also reports that the gutters of the building have all been cleaned and vacuumed thoroughly by the contractors, and their use will overcome this perennial problem.

Of course our Club has also plenty of planning in the season ahead, above and beyond the patrolling activities, with the decision to accept the invitation of the Australian Surf Boat Rowers League to host their Australian Championship Open Event for the next two years. The first event will be 14th to 16th February 2020 and three days of intense competition will keep us all on our toes helping out. Later on in the year NSW and Australian IRB events are also on the list.

"Of course we can only hold such events with the cooperation of every club member to pitch in and lend a hand. This can be hard, at the finish of our busy patrol duties over the Xmas break, but we do have the reputation of a Club that can always 'rise to the occasion no matter the difficulties', and this is partly the reason we have been asked to host the prestigious event.

THE LAST PAGE...

Time goes too quickly and this issue of the 'mag' is almost complete. As always "news" keeps coming in and with it the accolades for our competitors. Sammy Zustovich has made it into the Australian Team and will be representing our country in South Africa and then Italy in 2020. Some Club fund-raising will be necessary to help defray the costs involved in this.

Other competitor news is centred around our boat rowers. Firstly sweep Marty Drysdale is doing well from his recent hip replacement. And it is reputed that he was up and walking around a few hours after the operation. The other 'boatie news is all good with a number of crews saddling-up for the new season and (if rumour is correct) a men's A crew after a number of years without one. Also another tilt at the George Bass marathon is planned.

The Club board, ski and swim competitors also hope for success with the promise shown in previous seasons may start to be realized in top competition. They certainly deserve it with the effort they put into their training.

"Up the BLACK & WHITE "!!!!

VALE... As always it is very sad when we have to record the passing on former club-members and we pass our condolences on to the Family and Friends of the following...

Annie Gordon who passed away on 26th May 2019. Annie was 56 years of age formerly of New Zealand and then Ulladulla. A very-much loved and adored friend of all who knew her in her role as a patrol member at Mollymook and as a receptionist at the Milton Lighthouse Medical Practice. Her bubbling personality endeared her to all who knew her.

A celebration of Annie's life was held at Mollymook Surf Club when all wore colourful clothes to farewell her. RIP Annie.

More recently the passing of Darrel Ringland, marked by a Celebration of his Life at the Mollymook Surf Club was held. A very large crowd was in attendance as two eulogies were given, followed by a wake.

Darrel was a member of Mollymook getting his Bronze No: 20944 on 7/2/1971. Darrel was active on his patrols and had a good turn of speed on the hot sand which saw him represent the club in beach sprint and beach relay events. He will be sorely missed by Lynn and the extended family. RIP Darrel.

Another club member in the news, but for a different reason is Noel Butler who recently featured on the cover and inside article in the Milton Ulladulla Lifestyle Magazine "White Wash". Noel is a Budawang elder of the Yuin nation and a proud Australian. Also a longtime member of Mollymook SLSC and a surf boat rower. "We live in the best place, in the best state, in the best country in the world", enthuses Noel. You can read the full article in the latest FREE issue you can pick up around the shops of Milton-Ulladulla. A wonderful run-down on a wonderful man.